

## Casualty Monitoring

### ASK

- What happened?
- How are you feeling?
- Do you mind if we have a look?
- I've got a monitoring card that will remind me to ask for some important information do you mind if I use it?

| Letter   | Information        | Questions to ask                                   | Casualty reply |
|----------|--------------------|--|----------------|
| <b>S</b> | Signs              | Do you mind if I make a record?                    |                |
|          | Symptoms           | How are you feeling?<br>Can we look at the injury? |                |
| <b>A</b> | Allergies          | Is this the first time this has occurred?          |                |
|          | Age<br>Athleticism | What is your job/hobby?                            |                |
| <b>M</b> | Medication         | Have you recently taken any medication?            |                |
| <b>P</b> | Past history       | When did you last visit the doctor or hospital?    |                |
| <b>L</b> | Last meal          | What have you eaten recently?                      |                |
| <b>E</b> | Events             | What happened?                                     |                |

### Other Comments

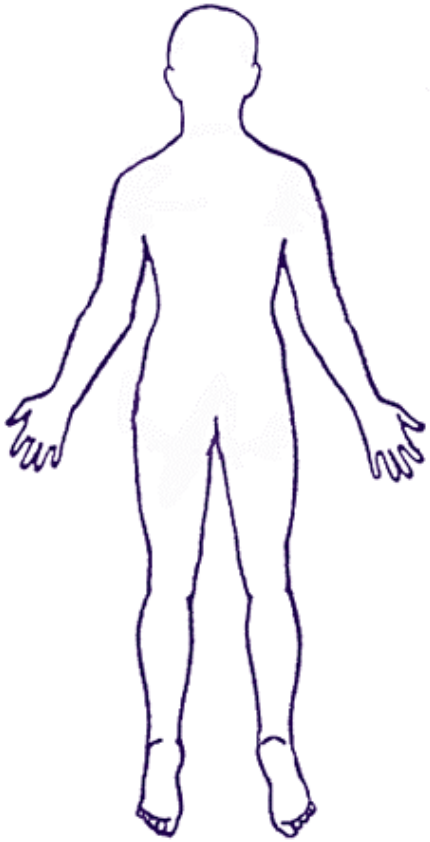
|                             |                |  |  |  |  |
|-----------------------------|----------------|--|--|--|--|
| <b>Time (24 hour clock)</b> |                |  |  |  |  |
| <b>Pulse</b>                | Rate (per min) |  |  |  |  |
|                             | character      |  |  |  |  |
| <b>Breathing</b>            | Rate (per min) |  |  |  |  |
|                             | character      |  |  |  |  |
| <b>Temperature</b>          | Warm/dry       |  |  |  |  |
|                             | Hot/wet        |  |  |  |  |
|                             | Hot/dry        |  |  |  |  |
|                             | Cold/wet       |  |  |  |  |
|                             | Cold/dry       |  |  |  |  |
| <b>Colour</b>               |                |  |  |  |  |
|                             |                |  |  |  |  |
| <b>Consciousness</b>        | A              |  |  |  |  |
|                             | V              |  |  |  |  |
|                             | P              |  |  |  |  |
|                             | U              |  |  |  |  |

Pulse character can be described as strong(s) weak(w) bounding(b) regular(r) irregular(i)  
 Breathing character can be described as deep(d) shallow(s) wheezy(w) bubbly(b) noisy(n)

## Incident & Casualty Details

|                                  |      |                    |           |
|----------------------------------|------|--------------------|-----------|
| Date                             | Time | Location           | Telephone |
| Name                             |      | Address            |           |
| Date of Birth                    |      |                    |           |
| ICE name<br>In Case of Emergency |      | ICE number         |           |
| History of incident              |      |                    |           |
| Name of First Aider              |      | Tel of First Aider |           |

Indicate injury site on diagrams and add any comments

|   |  |   |
|---|--|---|
| <p><b>Function testing</b></p> <p>Systematic<br/>Sports<br/>Decision<br/>Making<br/>Process</p> | <p><b>Injury site</b></p>  <p>(F) Front, (B) Back</p> | <p><b>Maddock's Questions</b></p> <p>Which ground are we at?<br/>             Which team are we playing?<br/>             Who is your current opponent?<br/>             Which time period are we in?<br/>             How far into the time period?<br/>             Which team scored last?<br/>             Who did we play last week?<br/>             Did we win last week?</p> <p>It is not the role of the first aider to decide if a player has concussion and should return to play. Sports Governing Bodies produce guidance concerning return to play after concussion.</p> <p><i>Source: English Hockey Sports Science &amp; Medicine Team Concussion policy statement.</i></p> |
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